



Exploring the benefits of reflective supervision for practitioners, their organisations and the people they support

Resource Sheet

Supervision Resources

- Open access website with resources for supervising practitioners working with adults: <https://adultsdpr.researchinpractice.org.uk/tools/>
- Open access website with resources for supervising practitioners working with children and families: <https://practice-supervisors.rip.org.uk/>
- Reflective supervision resource pack (children and families): <https://www.researchinpractice.org.uk/children/publications/2017/april/reflective-supervision-resource-pack-2017/>

The purpose and benefits of supervision

- 4x4x4 model - An audit of your supervision role resource: <https://practice-supervisors.rip.org.uk/wp-content/uploads/2019/11/An-audit-of-your-supervision-role.pdf>
- 4x4x4 model information: <https://www.researchinpractice.org.uk/adults/content-pages/change-projects/supervision-change-project/a-model-for-supervision/>
- The holistic containment wheel: <https://practice-supervisors.rip.org.uk/wp-content/uploads/2019/11/The-holistic-containment-wheel.pdf>
- Film - Annie You can tell social workers have had supervision: <https://practice-supervisors.rip.org.uk/assets/you-can-tell-if-social-workers-have-had-supervision/>
- 4x4x4 model - Question around the supervision cycle: <https://practice-supervisors.rip.org.uk/wp-content/uploads/2019/11/Questions-around-the-supervision-cycle.pdf>

Example resources

- Wonnacott's Discrepancy Matrix: https://practice-supervisors.rip.org.uk/wp-content/uploads/2022/06/DDM_resource-pack_web.pdf p9 in the resource pack
- Wonnacott's Discrepancy Matrix: <https://adultsdpr.researchinpractice.org.uk/media/5853/tool12.pdf>
- Range of tools for using in an adults setting: <https://adultsdpr.researchinpractice.org.uk/tools/tools-7-13c/>
- Using the five anchor assessment principles in supervision: <https://practice-supervisors.rip.org.uk/wp-content/uploads/2020/01/Using-the-five-anchor-assessment-principles-in-supervision-v4.pdf>
- For supervisees - Framing the dilemma: https://practice-supervisors.rip.org.uk/wp-content/uploads/2020/01/Framing-the-dilemma_PT_FINAL.pdf

research in practice

- › For supervisees Supervision preparation tool: https://practice-supervisors.rip.org.uk/wp-content/uploads/2020/01/Supervision-Preparation_PT_FINAL.pdf

Supervision as a relationship

- › Using supervision agreements: <https://practice-supervisors.rip.org.uk/wp-content/uploads/2019/11/Using-supervision-agreements.pdf>
- › Social Graces Tool - <https://adultsdp.researchinpractice.org.uk/media/5842/tool1.pdf>
- › Anti-oppressive Tool - <https://adultsdp.researchinpractice.org.uk/media/5846/tool5.pdf>

Anti-racist supervision

- › BASW template for anti-racist supervision - <https://www.researchinpractice.org.uk/all/content-pages/psw-main-landing-page/adults-network-landing-page/blogs-news-and-information/anti-racist-supervision-matters/>
- › Practice Briefing - Promoting anti-racist supervision: <https://www.researchinpractice.org.uk/children/publications/2022/july/promoting-anti-racism-in-in-childrens-social-care/>
- › Link to film resources on anti-racism: <https://www.researchinpractice.org.uk/children/content-pages/videos/promoting-anti-racism-in-childrens-social-care/>
- › Film - Lets talk about racism and barriers to career progression: <https://practice-supervisors.rip.org.uk/assets/lets-talk-about-racism-and-barriers-to-career-progression/>
- › Critical conversations in social work supervision: https://practice-supervisors.rip.org.uk/wp-content/uploads/2021/01/PT_Critical-conversations-in-social-work-supervision_Final.pdf
- › Exploring Unconscious Bias & Racial Microaggression in the Workplace: https://practice-supervisors.rip.org.uk/wp-content/uploads/2022/07/2787_Exploring_Unconscious_Bias.pdf
- › Practice Briefing - Meeting the supervisory needs of practice supervisors: https://practice-supervisors.rip.org.uk/wp-content/uploads/2021/01/StS_KB_Meeting_the_supervisory_needs_of_practice_supervisors_Final.pdf

Research in Practice resources

Use evidence-informed resources to support your practice. Login to the Research in Practice website www.researchinpractice.org.uk to access connected learning resources focusing on key topics.

www.researchinpractice.org.uk